

KARATE FOR KIDS

TASK SHEET

Student's Name _____

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
I said "Please" and "Thank you"							
I picked up my clothes and put them away							
I made my bed							
I was helpful to my parents							
I was helpful to my teachers							
I did my homework							
I took care of my pets							
I practiced my Taekwondo							
I showed courtesy to my brother/sister							
I did my special task (parent's choice)							

Student's Signature: _____

Parent's Signature: _____

Gold stars are awarded to students who complete ALL of their tasks for the week.

Silver stars awarded to students who complete 7 of the 10 tasks for the week.

Students should turn their task sheet in to their instructor to receive their reward.

Place a check mark in each box for a task completed for that day. If a task does not apply (for instance, if there was no homework for a day) write NA in that box.

Parent Notes: _____
